



# Formulary and Guidance

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**SCHEME SUMMARY**

The Pharmacy First – Common Illness Scheme is a scheme whereby patients are encouraged to consult a participating community pharmacy, rather than their GP, Accident or Emergency department or Out of Hours Service, for a defined list of common ailments. The pharmacist will give advice, promote self-care, and where necessary supply medication from an agreed formulary or refer the patient to another appropriate social or healthcare professional if required.

It is hoped that this service will change patient behaviours by educating and assisting patients in how to access self-care and informing on the appropriate use of healthcare services.

The Pharmacy First – Common Illness Scheme promotes the use of evidence-based interventions for the management of common illnesses.

For full details of the Scheme please refer to the Service Level Agreement and Service Specification.

For any other requirements please contact Albert De Souza, Pharmacy Commissioning Manager, NHS Lambeth CCG

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## COMMON ILLNESS CONSULTATION

### Standard Operating Procedure

The pharmacist should use the **Standard Operating Procedure** they have in place for customers requesting the provision of advice and supply of medicines over the counter to support the self-management of a common illness.

### Patient Eligibility Criteria

When a patient presents with symptoms relating to a common illness covered in the Scheme, the status of the patient should be checked to ensure they meet the inclusion criteria:

- Is over the age of 3 months
- Is not pregnant
- Is registered with a Lambeth GP Practice
- has valid proof of prescription charge exemption

Reasonable effort must be taken by the provider to ensure that clients provide valid proof of a prescription charge payment exemption (<http://psnc.org.uk/dispensing-supply/receiving-a-prescription/patient-charges/exemptions/>). Failure to provide valid proof of exemption should not however preclude clients from accessing the Scheme.

### Information Sharing

The patient must give consent for the information relating to the consultation to be shared with their GP.

### Consultation and Assessment

The pharmacist will **assess the patient's condition** using a structured approach to assessing symptoms, in a private area, preferably the consultation room.

As a minimum the assessment will cover:

- Nature and duration of symptoms
- Concurrent medication and medical conditions
- Exclusion of serious disease / alarm / red flag symptoms
- Identify if patient is pregnant/ breastfeeding
- Identify any medication already supplied / taken for the common illness

The pharmacist will use the information provided by the patient and their professional judgement to **determine the most appropriate course of action** for the patient, which may entail:

#### **1. Provision of advice only [Essential Service 6 (Support for Self Care)]**

Advice should be given on self-care, expected duration of symptoms and when/where to contact the appropriate health or social care professional if symptoms do not improve/change.

To reinforce verbal messages patients should be provided with printed information where appropriate.

Advice should be in line with current good practice guidelines set by the GPhC.

## 2. Provision of advice and suitable medication from the Formulary

In addition to general self-care advice, the patient should be advised on how to take the recommended medicine, how it works, side-effects/cautions, given the accompanying product information leaflet and advised on what to do if symptoms persist.

To reinforce verbal messages patients should be provided with printed information where appropriate.

The pharmacist may supply up to a maximum of TWO medicines from the Formulary per patient if required.

## 3. Refer the patient to another health or social care professional e.g. a GP if serious symptoms or symptoms of concern are reported

The pharmacist should use their clinical judgment to decide the urgency, route and need for referral.

Depending on the urgency and need, and also the time of day, the pharmacist must decide to refer the patient to either

- their usual GP (or other healthcare professional as appropriate), to make an appointment in the usual manner
- their usual GP (or other healthcare professional as appropriate), to make an urgent appointment, and support them to do so if necessary
- Primary Care Access Hubs, Out of Hours provider or NHS 111
- walk-in centre or urgent care centre
- the local Accident and Emergency department

### Third Party Requests

It is preferable that the patient is present for a consultation, however occasionally a parent /carer/ guardian may present with a set of symptoms for another adult or child whom, for various reasons, can't present at the pharmacy. In these cases the pharmacist must use their professional judgement to ensure they have adequate information to make a clear judgement about the diagnosis and make a recommendation for appropriate treatment. Additional measures may be required such as a telephone consultation to provide extra assurance.

### PharmOutcomes

In order to receive payment of fees, all eligible consultations must be entered on to *PharmOutcomes*, within the month of the consultation, or at the very least **within 60 days of the consultation**.

### Requests for Named Medicines & Inappropriate Requests

If a patient requests a named medicine contained within the Scheme formulary the pharmacist must use a structured assessment approach and their professional judgment to ascertain if this is a self-referral to manage immediate symptoms or a product request for use at a later date.

Product requests for future use e.g. to stock-up medicines cabinets, or for trips, must not be handled by the Scheme. Patients should be given advice on self-care and, if appropriate, given the opportunity to purchase 'over the counter' (OTC) products.

Requests for named medicines not covered by the Scheme should be refused politely and treated as part of the pharmacy’s regular ‘over the counter’ service. Patients should be given advice on self-care and given the opportunity to purchase OTC medication if appropriate.

People who usually manage their own common illnesses through self-care and purchase their OTC medication should continue to do so.

If the patient presents as a ‘self-referral’, and has used the service previously, the pharmacist should personally assess the symptoms, and use their professional judgment to ascertain whether treatment is necessary or not.

**The pharmacist is clinically responsible for any treatment or advice they give.**

**LIST OF COMMON ILLNESSES COVERED BY THE SCHEME:**

Acne	Itching associated with chicken pox
Allergic rhinitis (Hay fever)	Minor burns and scalds
Athlete’s foot	Mouth ulcers
Cold sores	Nappy rash
Conjunctivitis	Ring worm
Constipation	Scabies
Contact dermatitis	Soft tissue injury/ musculoskeletal joint injury
Diarrhoea	Sore throat
Dyspepsia	Teething
Ear wax	Threadworm
Fever	Viral upper respiratory tract infections
Haemorrhoids	Oral thrush
Headache	Vaginal thrush
Headlice	Warts and verrucae
Insect bites and stings	

## USEFUL REFERENCE SOURCES

The following websites may be useful as reference sources for pharmacists during consultations, or as continual professional development resources, to ensure the consultation follows a structured and detailed approach.

Patients may also be signposted to these resources to promote self-care.

Those specifically for healthcare professionals and/or requiring log on details are denoted with an asterisk (\*).

Condition specific resources are also included under each clinical condition.

- **NICE Clinical Knowledge Summaries (CKS)**  
<http://cks.nice.org.uk/>
- **Centre for Pharmacy Postgraduate Education (CPPE)\***
  - Minor Ailment Services: a starting point for pharmacists
  - Responding to Minor Ailments
  - Minor Ailments: a clinical approach 2013
  - Safe-guarding children and vulnerable adults (2015)<https://www.cppe.ac.uk/>
- **Self-Care forum**  
<http://www.selfcareforum.org/>
- **Patient.co.uk**  
<http://www.patient.co.uk/>
- **NHS Choices**  
<http://www.nhs.uk/Pages/HomePage.aspx>
- **Treat Yourself Better**  
<http://www.treatyourselfbetter.co.uk/>
- **Royal Pharmaceutical Society\***  
<http://www.rpharms.com/home/home.asp>
- **British National Formulary (BNF) Online**  
<https://www.evidence.nhs.uk/formulary/bnf/current>
- **British National Formulary for children (BNFC) Online**  
<http://www.evidence.nhs.uk/formulary/bnfc/current>
- **NICE guidelines, pathways and standards**  
<http://www.nice.org.uk/>
- **Electronic Medicines Compendium (Summary of Product Characteristics and Patient information Leaflets)**  
[www.medicines.org.uk](http://www.medicines.org.uk)
- **Medicines and Healthcare Products Regulatory Agency (MHRA) Drug Safety Updates**  
<https://www.gov.uk/drug-safety-update>

**FORMULARY**

- The following General Sales List (GSL) and Pharmacy (P) - only medicines may be issued under the Pharmacy First – Common Illness Scheme in line with the Service Specification and Service Level Agreement,
- Any OTC or P medication within the formulary must be supplied in original packs, contain a patient information leaflet and strictly in line with their GSL and P-only medicine UK marketing authorization,
- Only medicines within the formulary may be supplied to individuals who meet the Scheme eligibility criteria (see section on consultation above),
- The pharmacist may supply a MAXIMUM of TWO medicines from the formulary per patient if required,
- A maximum of one pack of each product may be supplied unless stated otherwise e.g. permethrin 5% cream - maximum supply quantity: 4x30g tubes,
- The Scheme does not allow supply of medicines for future use,
- If a patient presents more than twice within any four week period with the same symptoms, if there is no indication for urgent treatment, the patient should be referred to the appropriate health or social care professional,
- All prices are detailed below (excluding VAT) and are correct at the time of publication.

Product	Quantity	Price (£)	Other comments
<b>ACNE</b>			
Benzoyl peroxide (Acnecide®) 5% gel	30g	£5.44	
Benzoyl peroxide (PanOxyl Acnegel®) 10% gel	40g	£2.13	
<b>Resources</b>			
NICE CKS: Acne Vulgaris <a href="http://cks.nice.org.uk/acne-vulgaris">http://cks.nice.org.uk/acne-vulgaris</a> Self Care Forum Fact Sheet Acne <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a> NHS Lambeth CCG <a href="#">Management of Acne Guidelines Jan 2015</a>			
<b>ALLERGIC RHINITIS (HAY FEVER)</b>			
Chlorphenamine 4mg tablets	28	£0.89	
Chlorphenamine 2mg/5ml (Piriton®) Liquid	150ml	£2.49	
Loratadine 10mg tablets	30	£1.06	
Loratadine 5mg/5ml oral solution sugar free	100ml	£2.41	
Sodium cromoglicate 2% eye drops	5ml	£2.74	
Beclometasone nasal spray 50mcg/spray	200 dose	£3.89	
Cetirizine 1mg/ml oral solution sugar free	200ml	£1.87	
Cetirizine 10mg tablets	30	£1.05	
<b>Resources</b>			
NICE CKS: Allergic rhinitis <a href="http://cks.nice.org.uk/allergic-rhinitis#!scenario">http://cks.nice.org.uk/allergic-rhinitis#!scenario</a> Allergy UK: Hayfever and Allergic Rhinitis <a href="http://www.allergyuk.org/hayfever-and-allergic-rhinitis/hay-fever-and-allergic-rhinitis#management">http://www.allergyuk.org/hayfever-and-allergic-rhinitis/hay-fever-and-allergic-rhinitis#management</a>			

Product	Quantity	Price (£)	Other comments
<b>ATHLETE'S FOOT</b>			
Terbinafine (Lamisil AF®) 1% cream	15g	£3.60	
Miconazole (Daktarin®) 2% cream	30g	£1.85	
Clotrimazole 1% cream	20g	£1.31	
<b>Resources</b>			
NICE CKS: Fungal Skin Infection – Foot <a href="http://cks.nice.org.uk/fungal-skin-infection-foot#!scenario">http://cks.nice.org.uk/fungal-skin-infection-foot#!scenario</a>			
<b>COLD SORES</b>			
Aciclovir 5% cream	2g tube	£1.15	
<b>Resources</b>			
NICE CKS: Herpes Simplex – Oral <a href="http://cks.nice.org.uk/herpes-simplex-oral#!scenariorecommendation:1">http://cks.nice.org.uk/herpes-simplex-oral#!scenariorecommendation:1</a>			
<b>CONJUNCTIVITIS</b>			
Chloramphenicol 0.5% eye drops	10ml	£3.00	(Pharmacy line ONLY)
Chloramphenicol 1% eye ointment	4g	£3.26	(Pharmacy line ONLY)
<b>Resources</b>			
NICE CKS: Conjunctivitis – infective <a href="http://cks.nice.org.uk/conjunctivitis-infective#!scenario">http://cks.nice.org.uk/conjunctivitis-infective#!scenario</a> RPS Chloramphenicol 0.5%w/v eye drops/1%w/v ointment P medicine - quick reference guide* <a href="http://www.rpharms.com/support-resources-a-z/chloramphenicol-quick-reference-guide.asp">http://www.rpharms.com/support-resources-a-z/chloramphenicol-quick-reference-guide.asp</a>			
<b>CONSTIPATION</b>			
Laxido® (macrogol) sachets sugar-free	20	£2.85	
Senna tablets 7.5mg tablets	20	£1.61	
Ispaghula husk 3.5g sachets	30	£2.30	
Docusate sodium 100mg (Dulcoease®) capsules	30	£3.12	
Lactulose solution	300ml	£1.90	
<b>Resources</b>			
NICE CKS: Constipation <a href="http://cks.nice.org.uk/constipation#!diagnosis:1">http://cks.nice.org.uk/constipation#!diagnosis:1</a> NICE CKS: Constipation in Children <a href="http://cks.nice.org.uk/constipation-in-children#!diagnosis:5">http://cks.nice.org.uk/constipation-in-children#!diagnosis:5</a> SELF CARE FORUM FACT SHEET Constipation <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a>			
<b>CONTACT DERMATITIS</b>			
Hydrocortisone 1% cream	15g	£1.69	
Zerocream®	50g	£1.17	
<b>Resources</b>			
NICE CKS: Dermatitis – contact <a href="http://cks.nice.org.uk/dermatitis-contact#!scenariorecommendation">http://cks.nice.org.uk/dermatitis-contact#!scenariorecommendation</a> NHS Lambeth CCG: Emollients Prescribing Guideline Sept 2015 <a href="#">Emollients Prescribing Guideline Sept 2015</a>			

Product	Quantity	Price (£)	Other comments
<b>DIARRHOEA</b>			
Loperamide 2mg capsules	12	£1.73	
Oral rehydration therapy (Dioralyte®) sachets	6	£2.25	
<b>Resources</b>			
NICE CKS: Diarrhoea - adult's assessment <a href="http://cks.nice.org.uk/diarrhoea-adults-assessment#!scenario">http://cks.nice.org.uk/diarrhoea-adults-assessment#!scenario</a>			
NICE CKS: Diarrhoea - prevention and advice for travellers <a href="http://cks.nice.org.uk/diarrhoea-prevention-and-advice-for-travellers">http://cks.nice.org.uk/diarrhoea-prevention-and-advice-for-travellers</a>			
<b>DYSPEPSIA</b>			
Peptac® Liquid	500ml	£2.58	
Ranitidine 75mg tablets	12	£1.08	
Gaviscon® Advance tablets	12	£2.39	
<b>Resources</b>			
NICE CKS: Dyspepsia <a href="http://cks.nice.org.uk/#?char=D">http://cks.nice.org.uk/#?char=D</a>			
SELF CARE FORUM FACT SHEET Heartburn and Indigestion <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a>			
<b>EAR WAX</b>			
Olive oil ear drops	10ml	£1.42	
Sodium bicarbonate 5% ear drops	10ml	£1.25	
<b>Resources</b>			
NICE CKS: Earwax <a href="http://cks.nice.org.uk/earwax#!scenario">http://cks.nice.org.uk/earwax#!scenario</a>			
NHS Choices: Earwax build-up <a href="http://www.nhs.uk/Conditions/Earwax/Pages/Introduction.aspx">http://www.nhs.uk/Conditions/Earwax/Pages/Introduction.aspx</a>			
<b>FEVER</b>			
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
NICE CKS: Feverish Children - Management <a href="http://cks.nice.org.uk/feverish-children-management#!scenario">http://cks.nice.org.uk/feverish-children-management#!scenario</a>			
Self Care Forum Fact Sheet Fever in Children <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a>			
<b>HAEMORRHOIDS</b>			
Anusol® cream or ointment	23g	£2.45	
Anusol® suppositories	12	£2.26	
Anusol® Plus HC ointment	15g	£3.34	
Anusol® Plus HC suppositories	12	£3.34	
Ispaghula husk 3.5g sachets	30	£2.30	
Paracetamol 500mg tablets	32	£0.65	
<b>Resources</b>			
NICE CKS: Haemorrhoids <a href="http://cks.nice.org.uk/haemorrhoids#!scenarioclarification">http://cks.nice.org.uk/haemorrhoids#!scenarioclarification</a>			

Product	Quantity	Price (£)	Other comments
<b>HEADACHE</b>			
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
Self-Care Forum Fact Sheet Headache <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a>			
<b>HEADLICE</b>			
Metal detection comb	1	£1.99	
Dimeticone 4% (Hedrin®) lotion	50ml	£2.98	contains 1 application
<b>Resources</b>			
NICE CKS: Headlice <a href="http://cks.nice.org.uk/head-lice#!scenario">http://cks.nice.org.uk/head-lice#!scenario</a>			
<b>INSECT BITES AND STINGS</b>			
Hydrocortisone 1% cream	15g	£1.69	
Crotamiton 10% cream	30g	£2.50	
Chlorphenamine 4mg tablets	28	£0.89	
Chlorphenamine 2mg/5ml liquid sugar free	150ml	£2.49	
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
NICE CKS: Insect bites and stings <a href="http://cks.nice.org.uk/insect-bites-and-stings#!scenario">http://cks.nice.org.uk/insect-bites-and-stings#!scenario</a>			
<b>ITCHING ASSOCIATED WITH CHICKEN POX</b>			
Aqueous calamine cream	100g	£1.29	
Chlorphenamine 2mg/5ml (Piriton®) liquid sugar free	150ml	£2.49	
Chlorphenamine 4mg tablets	28	£0.89	
<b>Resources</b>			
NICE CKS: Chickenpox <a href="http://cks.nice.org.uk/chickenpox#!scenario">http://cks.nice.org.uk/chickenpox#!scenario</a>			
<b>MINOR BURNS AND SCALDS</b>			
Melolin® dressing 5cmx5cm (up to 3) plus Micropore® tape 1.25cm	1	£1.19	

Product	Quantity	Price (£)	Other comments
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
NICE CKS: Minor burns and scalds <a href="http://cks.nice.org.uk/burns-and-scalds#!scenario:2">http://cks.nice.org.uk/burns-and-scalds#!scenario:2</a> NHS Choices: Burns and Scalds – Treatment <a href="http://www.nhs.uk/conditions/burns-and-scalds/pages/treatment.aspx">http://www.nhs.uk/conditions/burns-and-scalds/pages/treatment.aspx</a> St John Ambulance: Burns and scalds - <a href="http://www.sja.org.uk/sja/first-aid-advice/hot-and-cold-conditions/burns-and-scalds.aspx">http://www.sja.org.uk/sja/first-aid-advice/hot-and-cold-conditions/burns-and-scalds.aspx</a>			
<b>MOUTH ULCERS</b>			
Choline salicylate (Bonjela Adult®)	15g	£2.26	
Benzydamine 0.15% (Difflam®) oromucosal spray sugar free	30ml	£4.24	
Hydrocortisone 2.5mg mucoadhesive buccal tablets	20	£4.24	
Chlorhexidine 0.2% mouthwash	300ml	£1.99	
<b>Resources</b>			
NICE CKS: Aphthous Ulcers <a href="http://cks.nice.org.uk/aphthous-ulcer#!scenariorecommendation">http://cks.nice.org.uk/aphthous-ulcer#!scenariorecommendation</a>			
<b>NAPPY RASH</b>			
Metanium® nappy rash ointment	30g	£2.24	
Clotrimazole 1% cream	20g	£1.31	
<b>Resources</b>			
NICE CKS: Nappy Rash <a href="http://cks.nice.org.uk/nappy-rash#!scenariorecommendation">http://cks.nice.org.uk/nappy-rash#!scenariorecommendation</a>			
<b>RING WORM</b>			
Clotrimazole 1% cream	20g	£1.31	
Miconazole 2% cream	30g	£1.82	
<b>Resources</b>			
NICE CKS: Fungal Skin Infection – body and groin <a href="http://cks.nice.org.uk/fungal-skin-infection-body-and-groin#!prescribinginfo">http://cks.nice.org.uk/fungal-skin-infection-body-and-groin#!prescribinginfo</a>			
<b>SCABIES</b>			
Permethrin 5% (Lyclear®) Dermal cream	30g	£7.45	1 <sup>st</sup> line therapy. Maximum supply: 4x30g tubes.
Derbac M® 0.5% aqueous liquid	200ml	£7.76	
<b>Resources</b>			
NICE CKS: Scabies <a href="http://cks.nice.org.uk/scabies#!scenario">http://cks.nice.org.uk/scabies#!scenario</a>			
<b>SOFT TISSUE INJURY/MUSCULOSKELETAL JOINT INJURY</b>			
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric	100ml	£1.34	

Product	Quantity	Price (£)	Other comments
suspension sugar free			
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
Ibuprofen 5% gel	30g	£1.99	
<b>Resources</b>			
NICE CKS: Sprains and Strains <a href="http://cks.nice.org.uk/sprains-and-strains#!scenario:1">http://cks.nice.org.uk/sprains-and-strains#!scenario:1</a> Self Care Forum Fact Sheet Low Back Pain <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a>			
<b>SORE THROAT</b>			
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
NICE CKS: Sore throat (acute) <a href="http://cks.nice.org.uk/sore-throat-acute#!scenario">http://cks.nice.org.uk/sore-throat-acute#!scenario</a>			
<b>TEETHING</b>			
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
<b>Resources</b>			
NICE CKS: Teething <a href="http://cks.nice.org.uk/teething#!scenario">http://cks.nice.org.uk/teething#!scenario</a>			
<b>THREADWORM</b>			
Mebendazole 100mg (Ovex® single dose) tablet	1	£2.03	
Mebendazole 100mg/5ml (Ovex®) oral suspension	30ml	£6.03	
Mebendazole 4x100mg (Ovex® Family pack) tablets	1	£4.74	
<b>Resources</b>			
NICE CKS: Threadworms <a href="http://cks.nice.org.uk/threadworm#!scenario">http://cks.nice.org.uk/threadworm#!scenario</a>			
<b>VIRAL UPPER RESPIRATORY TRACT INFECTION</b>			
Paracetamol 500mg tablets	32	£0.65	
Paracetamol 120mg/5ml paediatric suspension sugar free	100ml	£1.34	
Paracetamol 250mg/5ml suspension sugar free	100ml	£0.99	
Ibuprofen 200mg tablets	24	£1.00	

Product	Quantity	Price (£)	Other comments
Ibuprofen 400mg tablets	24	£1.61	
Ibuprofen 100mg/5ml suspension sugar free	100ml	£1.46	
Saline nasal drops	10ml	£0.99	
Menthol and eucalyptus inhalation	100ml	£1.19	
<b>Resources</b>			
NICE CKS: Common cold <a href="http://cks.nice.org.uk/common-cold#!scenario">http://cks.nice.org.uk/common-cold#!scenario</a> Self Care Forum Fact Sheets: The common cold (adults), Coughs, Sinusitis, Otitis media <a href="http://www.selfcareforum.org/fact-sheets/">http://www.selfcareforum.org/fact-sheets/</a> Treat Yourself Better <a href="http://www.treatyourselfbetter.co.uk/">http://www.treatyourselfbetter.co.uk/</a> When Should I Worry patient information leaflet <a href="http://www.whenshouldiworry.com/">http://www.whenshouldiworry.com/</a> Treating your infection Patient information leaflet for Community Pharmacies <a href="http://www.rcgp.org.uk/clinical-and-research/toolkits/~link.aspx?id=9FCF9DA4B4A045519593320478DFD9E7&amp;z=z">http://www.rcgp.org.uk/clinical-and-research/toolkits/~link.aspx?id=9FCF9DA4B4A045519593320478DFD9E7&amp;z=z</a>			
<b>ORAL THRUSH</b>			
Miconazole (Daktarin Oral Gel®) 20mg/g oromucosal gel sugar free	15g	£3.23	For paediatric use only (from 4 months) Supply: 2x15g tubes
<b>Resources</b>			
NICE CKS: Candida – oral <a href="http://cks.nice.org.uk/candida-oral#!scenario">http://cks.nice.org.uk/candida-oral#!scenario</a>			
<b>VAGINAL THRUSH</b>			
Clotrimazole 500mg pessary	1	£3.57	
Clotrimazole 2% (Canestan Thrush®) cream	20g	£4.46	
Fluconazole 150mg capsule	1	£2.50	
Clotrimazole 10% vaginal cream	1	£5.86	
<b>Resources</b>			
NICE CKS: Candida - female genital <a href="http://cks.nice.org.uk/candida-female-genital#!scenariorecommendation">http://cks.nice.org.uk/candida-female-genital#!scenariorecommendation</a>			
<b>WARTS AND VERRUCAE</b>			
Salicylic acid 26% (Occlusal®) solution	10ml	£3.56	1 <sup>st</sup> line therapy
Salicylic acid/lactic acid 11%/4%	5g	£2.88	2 <sup>nd</sup> line therapy for patients experiencing difficulty with application of other products listed due to manual dexterity.
<b>Resources</b>			
NICE CKS: Warts and verrucae <a href="http://cks.nice.org.uk/warts-and-verrucae">http://cks.nice.org.uk/warts-and-verrucae</a>			

**REFERRAL VOUCHERS FROM OTHER HEALTHCARE PROFESSIONALS**
**MINOR EYE CONDITIONS SCHEME**

The Minor Eye Conditions Scheme (MECS) allows patients across Lambeth to access NHS treatment for a range of eye conditions. Instead of having to visit hospital for treatment, patients can now be seen by a local optometrist.

The following products may only be supplied on referral and receipt of a Minor Eye Conditions Voucher from an Optometrist participating in the Lambeth CCG MECS.

<b>Product</b>	<b>Quantity</b>	<b>Price (£)</b>	<b>Other comments</b>
Hypromellose eye drops 0.3%	10ml	£1.12	Ensure strength is stated. If not stated then Pharmacist will contact the prescriber
Hypromellose eye drops 0.5%	10ml	£0.81	Ensure strength is stated. If not stated then Pharmacist will contact the prescriber
Hypromellose eye drops 1%	10ml	£0.94	Ensure strength is stated. If not stated then Pharmacist will contact the prescriber
Carbomer 980 eye drops 2%	10g	£2.80	
Carmellose eye drops 1%	30 x 0.4ml	£3.00	
Liquid paraffin eye ointment 1%	5g	£3.88	
Chloramphenicol eye drops 0.5%	10ml	£1.45	POM line only, Signed order from Optometrist including date and registration number For an emergency situation only Script to be dispensed within 24hours
Chloramphenicol eye ointment 1%	4g	£1.79	POM line only, Signed order from Optometrist including date and registration number. For an emergency situation only Script to be dispensed within 24hours
Fusidic acid eye drops 1%	5g	£19.40	POM line only, Signed order from Optometrist including date and registration number. For an emergency situation only Script to be dispensed within 24hours
Sodium Cromoglicate 2% eye drops (Opticrom <sup>®</sup> )	10ml	£3.35	Only 10ml bottle as 13.5ml is a POM
Lodoxamide 0.1% eye drops	5ml	£3.12	Prescribe only as Alomide Allergy™ as this is a P.  For allergic conjunctivitis only in adults and children over 4 years after sodium cromoglicate 2% eye drops has been tried

Further information on MECS can be found on the Lambeth CCG website, [here](#).

To view an example of the MECS voucher please contact the Pharmacy Commissioning Manager.

**REFERENCES**

- NICE Clinical Knowledge Summaries  
<http://cks.nice.org.uk> (accessed: April – August 2015)
- Electronic Medicines Compendium (emc) Dictionary of Medicines and Device Browser (Dm+d)  
<http://dmd.medicines.org.uk/DesktopDefault.aspx> (accessed: August 2015)
- NHS England and Wales Electronic Drug Tariff August 2015  
<http://www.drugtariff.nhsbsa.nhs.uk/#/00232686-FA/FA00232236/Home>  
(accessed: August 2015)
- Self Care Forum  
<http://www.selfcareforum.org/> (accessed: July - August 2015)
- NHS choices  
<http://www.nhs.uk/Pages/HomePage.aspx> (accessed: April – August 2015)
- St John Ambulance  
<http://www.sja.org.uk/sja/first-aid-advice.aspx> (accessed: July - August 2015)