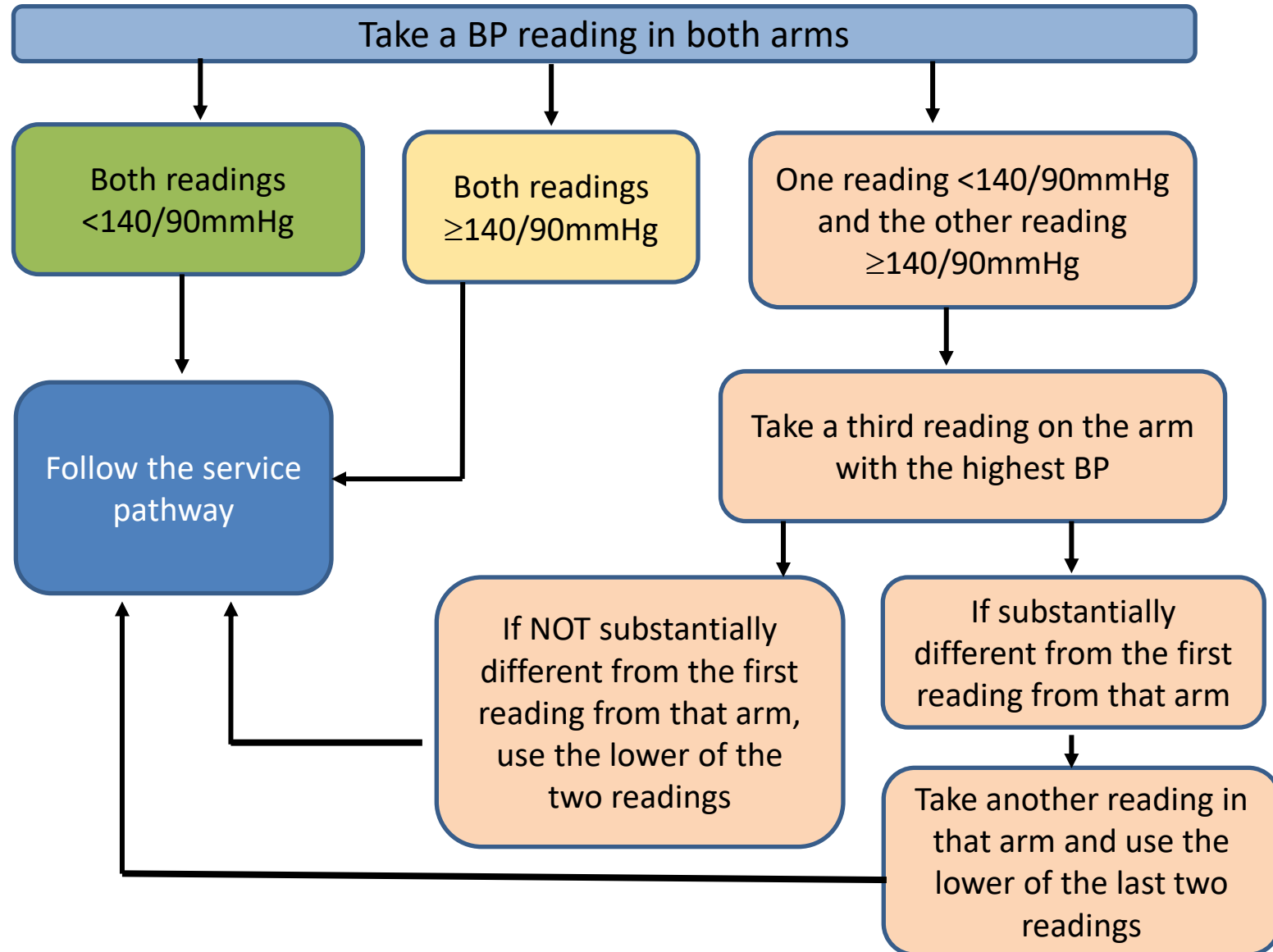


Clinic blood pressure check

Measure BP
in line with
NICE
guidance



Clinic Blood Pressure	Category
Low blood pressure:	90/60mmHg or lower
Normal blood pressure:	between 90/60mmHg & 139/89mmHg
High blood pressure:	between 140/90mmHg & 179/119mmHg
Very high blood pressure:	180/120mmHg or higher