

## **Community Pharmacy NHS Advanced Services**





#### **Overview**



- New Medicine Service (NMS)
- Flu Vaccination Service
- Community Pharmacist Consultation Service (CPCS)
- Hypertension Case-Finding Service (Blood pressure check service)
- Smoking Cessation Service (SCS)
- Appliance Use Review (AUR)
- Stoma Appliance Customisation (SAC)
- Hepatitis C Testing Service



- Pharmacy Contraception Service (PCS) commissioned from early 2023
- Questions, comments and next steps



## **New Medicine Service (NMS)**







- Provides early support to patients to maximise the benefits of newly prescribed medicines
- Proof of concept research shows that an intervention by a pharmacist can help to improve patients' adherence
- In the research, patients who used the service experienced fewer medicines problems and made less use of other NHS services, saving money and GP time

Ref: The cost effectiveness of a telephone-based pharmacy advisory service to improve adherence to newly prescribed medicines Ref: The New Medicine Service Evaluation

#### NMS – outline of the service



- Three stage process:
  - 1. Patient engagement (day 0)
  - **2. Intervention** (typically between 7-14 days after patient engagement)
  - **3.** Follow up (typically between 14 and 21 days after the initial intervention)

• Opportunity to provide healthy living advice at each stage





## NMS – conditions covered by the service

Follows the prescribing of a new medicine for:

- Acute coronary syndromes
- Asthma and COPD
- Atrial fibrillation
- Coronary heart disease
- Diabetes (Type 2)
- Epilepsy
- Glaucoma
- Gout

- Heart failure
- Hypercholesterolaemia
- Hypertension
- Long term risks of venous thromboembolism/embolism
- Osteoporosis
- Parkinson's disease
- Stroke / transient ischemic attack
- Urinary incontinence/retention

In 2023, subject to a positive evaluation of an ongoing pilot, the above list of conditions will be expanded to include patients who are newly prescribed an antidepressant

#### NMS – patient engagement

- Recruitment by the pharmacy team
- Referral by a general practice prescriber
- Referral following a Structured Medication Review
- Referral post discharge from hospital







#### **NMS – Intervention**



- Intervention (typically between 7-14 days after patient engagement)
- Face to face in a consultation area, over the phone or via video
- Semi-structured interview technique to:
  - assess adherence
  - identify problems
  - identify the patient's need for further information and support
- Pharmacist provides advice and support
  - agrees follow up
  - agrees solution(s)
  - refers to GP practice (only where absolutely necessary)



#### NMS – Follow up

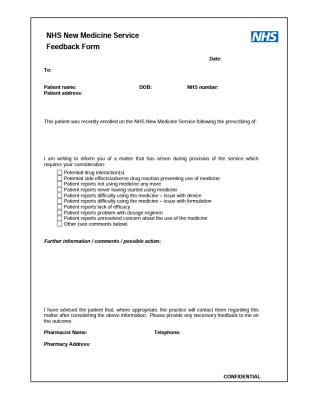
- Follow up (typically between 14 and 21 days after the initial intervention)
- Face to face in a consultation area, over the phone or via video
- Semi-structured interview technique to:
  - assess adherence
  - identify problems
  - identify the patient's need for further information and support
- Pharmacist provides advice and support
  - Patient adherent / non-adherent
  - Provide more advice and support or
  - Refer to GP practice (using nationally agreed NMS Feedback form)





### **Communicating with GP practices**

- Pharmacy contractors are required to contact the patient's GP practice <u>only</u> if an issue is identified during the NMS where the pharmacist believes the patient's prescriber should be informed
- National NMS Feedback Form designed by GPC England/PSNC/NHS Employers
- Referrals will only be made when absolutely necessary



#### **Communicating with GP practices**



- GPC England advised that pharmacists should refer to the practice, rather than suggesting patients make an appointment with their GP
- This approach allows the GP practice to determine how they want to deal with the issue raised in the Feedback Form

#### **Referrals from GP practices**



- NHS guidance for Primary Care Networks (PCNs) on the provision of Structured Medication Reviews (SMR) includes referrals being made to the NMS
- Proactive call in guidance published by NHS England to support PCN clinical pharmacy teams with implementation of the SMR and optimisation service requirements in the Network Contract Directed Enhanced Service Specification for 2022/23 to work with community pharmacies to connect patients appropriately to the NMS
- Active role for both GPs and PCN clinical pharmacists to promote, refer and set expectation with patients

<sup>&</sup>lt;u>Ref: NHS England website, Structured medication reviews and medicines optimisation</u> <u>Ref: Network Contract Directed Enhanced Service – contract specification 2022/23 – primary care network requirements and entitlements</u>

#### **Referrals from hospitals**



- The Discharge Medicines Service (DMS) became a new Essential service within the Community Pharmacy Contractual Framework in February 2021
- NHS Trusts can refer patients who would benefit from extra guidance around newly prescribed medicines for provision of DMS
- There is a 2022/23 Commissioning for Quality and Innovation (CQUIN) target for hospitals to encourage referrals for DMS



## **Flu Vaccination Service**



#### **Flu Vaccination Service**



- Anyone aged 18 and over in any of the NHS identified at-risk groups is eligible to access the service
- If patients are not eligible for a free NHS flu vaccination, then many pharmacies also offer a private flu service where the patient can pay for a vaccination



### **Communicating with GP practices**

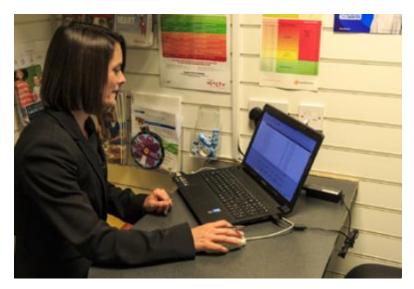
- Pharmacies must send a notification to GP practices of patients who have been vaccinated in the pharmacy, so medical records can be updated
- Sent on the same day as vaccination or on the following working day
- A national GP Practice Notification Form is available, however, generally electronic notifications are now sent to the patient's GP practice



To (GP practice name)		
Patient name		
Address		
Patient DOB		number e known)
This natient was admir	istered a seasonal influenza vaccir	ation on: / /
SNOMED CT: 955691	Aged 50-64 (not in a clinical	Chronic respiratory disease
Eligible patient group	at-risk group) Aqed 65 or over	Chronic kidney disease
(please only tick one box, to indicate the reason the patient	Chronic heart disease	Chronic neurological     disease
was initially identified	Chronic liver disease	Immunosuppression
as being eligible)	Diabetes	Pregnant woman
	Asplenia / splenic dysfunction	
	<ul> <li>Person in long-stay residentia care home or care facility</li> </ul>	I □ Morbid obesity (BMI ≥ 40)
		Learning disability
	<ul> <li>Household contact of immunocompromised individual</li> </ul>	
	immunocompromised	Hospice worker
	immunocompromised individual Employed through Direct Payment or Personal Health	Hospice worker
Additional comments (	immunocompromised individual Employed through Direct Payment or Personal Health Budget Frontline Health & Social care	Hospice worker
Additional comments @	immunocompromised individual Employed through Direct Payment or Personal Health Budget Frontline Health & Social care worker	Hospice worker
	immunocompromised individual Employed through Direct Payment or Personal Health Budget Frontline Health & Social care worker	Hospice worker



# **Community Pharmacist Consultation Service (CPCS)**







- The service commenced in October 2019
- It aims to relieve pressure on the wider NHS by connecting patients with community pharmacy
- It is part of a series of steps to get the public to view pharmacy as their first port of call for healthcare needs
- It can deliver a swift, convenient and effective service to meet patient needs





- It connects patients who have a minor illness or need an urgent supply of a medicine with a community pharmacy
- Referrals come from NHS 111 (telephony and online for requests for urgent supply), Integrated Urgent Care Clinical Assessment Services and in some cases, patients are referred via the 999 service
  - In March 2023, referrals will also be accepted from Urgent and Emergency Care settings
- Since November 2020, general practices can refer patients for a minor illness consultation via CPCS, once a local referral pathway has been agreed



- In June 2022, more than 118k people received CPCS; these are patients who might otherwise have gone to see a GP
- The CPCS provides the opportunity for community pharmacy to play a bigger role than ever within the urgent care system



- Community pharmacy teams are not permitted to actively promote CPCS to patients as NHS England's intention is that the service is only used by patients for urgent cases
- It is therefore unlikely that GP practice teams will see this service being advertised by community pharmacies

Ref: NHS England website, High street pharmacists treat thousands more people for minor illnesses. 6th October 2022



#### **Communicating with GP practices**

• If a community pharmacist does make an urgent supply of a medicine or appliance under the CPCS, they are required to notify the patient's GP practice on the day the supply is made or on the following working day

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lame					
ddress					
ate of birth	1	1	NHS number		
his patient was provided	d with an emer	rgency suppl	y at this pharmacy o	n:	1 1
udditional comments (e.g	j. patient's rea	ison for requ	esting an emergency	/ supply	)
dication or appliances	n available to viders that it	the pharma is inappropri	iate for a patient to	u wish be ref	to flag to urgen
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eds with the information d emergency care pro	ase consider t		Telephone		
eds with the information of emergency care pro- pplies of medicines, ple	ase consider t		•		

To (GP practice name)			
Patient's details:			
Name			
Address			
Date of birth	1 1	NHS number	
Following a low acuity/mi a pharmacist at this phar	nor illness referral to the ph macy on: / /	armacy, this patient ha	ad a consultation w
information available to the	<ul> <li>to the patient following he pharmacist at the time.</li> <li>ce provided and any addition</li> </ul>		
information available to the Details of support or advi	e pharmacist at the time."		e general practice:
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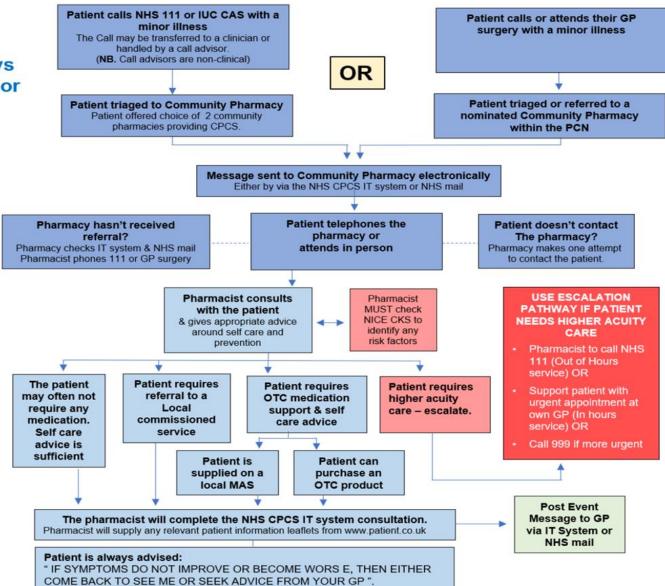
#### **GP referral pathway to CPCS**



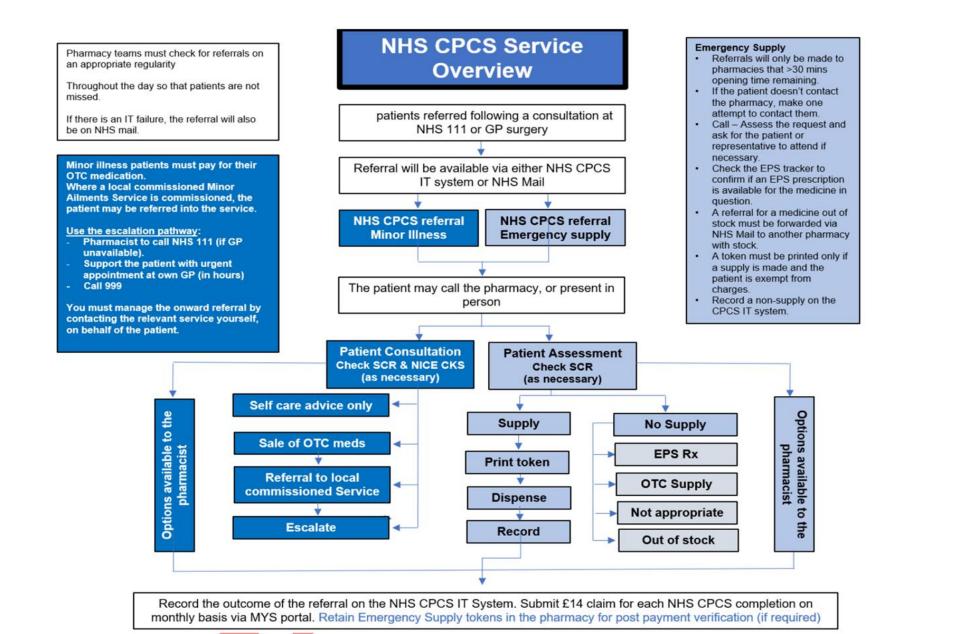
- GPs can refer patients to community pharmacies to receive a CPCS consultation for minor illness
- Unlike NHS 111, GPs cannot refer patients for an urgent supply of a medicine or appliance
- There must first be local discussions to agree how the referral pathway will work
- Discussions will involve pharmacy owners, the PCN and the member general practices, the NHS and the Local Pharmaceutical Committee







#### CPCS NHS 111 & GP referral Pathways for Low acuity, minor illnesses









# Hypertension Case-Finding Service (Blood Pressure Checks Service)



### **Hypertension Case-Finding Service**

- Early detection of hypertension is vital
- Evidence that community pharmacy can provide a key role in detection and subsequent treatment of hypertension
- Estimated 5.5 million people have undiagnosed hypertension across the country
- Community pharmacy engagement has the potential to improve outcomes and reduce the burden on general practices
- Levels of detection have fallen over the past few years due to the impact of COVID-19 on routine blood pressure monitoring





### **Hypertension Case-Finding Service**

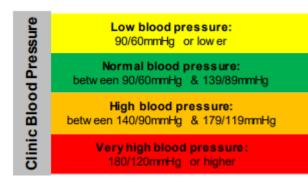


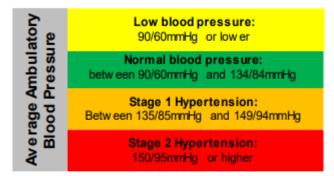
- The service commenced in October 2021
- The service aims to:
  - Identify people with high blood pressure aged 40 years or older (who have previously not had a confirmed diagnosis of hypertension), and to refer them to general practice to confirm diagnosis and for appropriate management
  - At the request of a general practice, undertake ad hoc clinic and ambulatory blood pressure measurements
  - Provide another opportunity to promote healthy behaviours to patients
- Currently, only pharmacists can provide the service, but the service specification is being amended to allow pharmacy technicians to deliver the service to make best use of their skill-mix

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### **Hypertension Case-Finding Service**

- Two stages:
  - Stage 1 identify people at risk of hypertension 'Clinic check'
  - Stage 2 24-hour ambulatory blood pressure monitoring (ABPM)





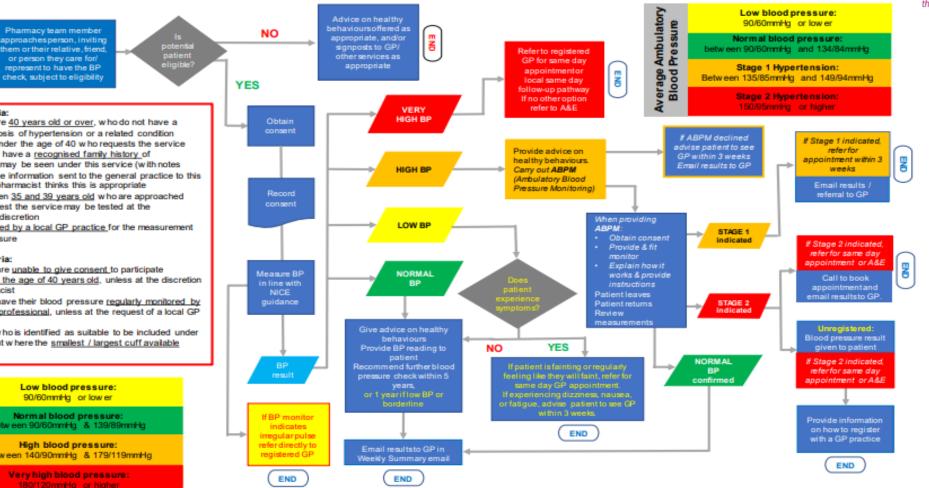
#### **GP practice referrals**

- Can refer patients for both normal BP checks and ABPM
- Need a locally agreed process
- No specific requirements for the process
- ABPM referrals best done electronically
- Template referral form available



To (pharmacy name)			
Patient name			
Address			
Patient DOB		NHS number	
I am referring this patien	t to you for:		
<ul> <li>Their blood press</li> </ul>	sure to be measured (clinic c	heck)	
<ul> <li>24-hour Ambulat</li> </ul>	tory Blood Pressure Monitori	ing	
Additional comments			
GP name			
GP practice name and address			
address			

#### Service pathway





#### Inclusion criteria:

Person

visits

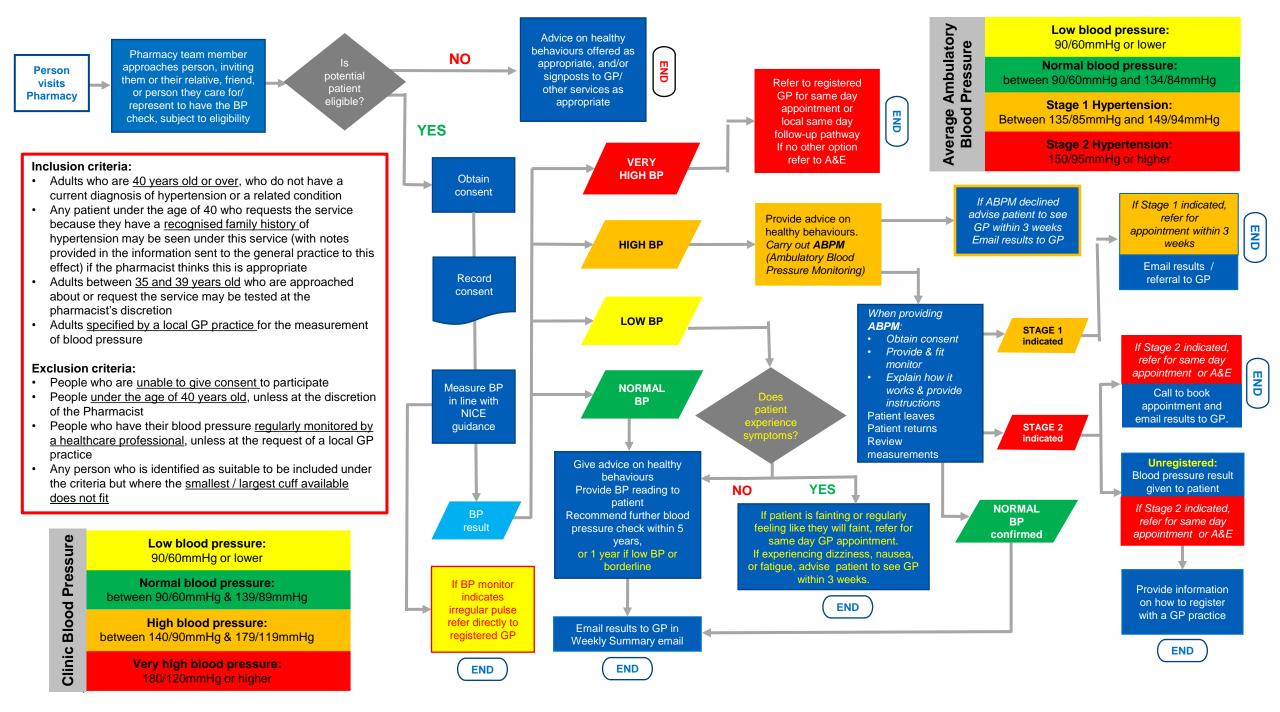
Pharmacy

- Adults who are 40 years old or over, who do not have a current diagnosis of hypertension or a related condition
- Any patient under the age of 40 who requests the service because they have a recognised family history of hypertension may be seen under this service (with notes provided in the information sent to the general practice to this effect) if the pharmacist thinks this is appropriate
- Adults between 35 and 39 years old who are approached about or request the service may be tested at the pharmacist's discretion
- Adults specified by a local GP practice for the measurement of blood pressure

#### Exclusion criteria:

- . People who are unable to give consent to participate
- People under the age of 40 years old, unless at the discretion of the Pharmacist
- People who have their blood pressure regularly monitored by a healthcare professional, unless at the request of a local GP practice
- Any person who is identified as suitable to be included under the criteria but where the smallest / largest cuff available does not fit







## **Smoking Cessation Service (SCS)**



- Commissioned from March 2022
- Allows NHS trusts to undertake a transfer of care on patient discharge, referring patients (where they consent) to a community pharmacy of their choice to continue their smoking cessation treatment, including providing medication and support as required
- Based on the Ottawa Model of Smoking Cessation
- Currently, only pharmacists can provide the service, but the service specification is being amended to allow pharmacy technicians to deliver the service to make best use of their skill-mix







#### SCS

- Pharmacists should follow the consultation structure within the NCSCT Standard Treatment Protocol for SCS, which includes:
  - Undertaking a CO test
  - Provision of behavioural support
  - Supply of nicotine replacement therapy (NRT)
    - $\odot$  This will be initially determined by the details of NRT supplied at discharge from hospital
    - $\odot$  The pharmacy will supply a maximum of two weeks NRT at a time
    - The course length should not exceed 12 weeks treatment from the defined quit date – this includes any treatment supplied to the patient while in hospital and at the point of discharge







### SCS – communicating with GP practices

- The patient's GP practice must be notified of the outcome of the service provision
- The template outlines the data to be shared with a patient's GP practice when they are discharged from the service

GP name GP Practice GP Address GPPostcode	PharmacyName PractitionerName Direct Line: Email:
	Our Ref: <mark>Insert</mark> Date: <del>TodayDate</del>
Dear GP name	
RE: Pt name, Pt Address Date NHS No:	of Birth
Ptname was identified as a smo	
Ptname was identified as a smo medication whilst an inpatient at	
Ptname was identified as a smo medication whilst an inpatient at Upon discharge Ptname was re attempt.	
Ptname was identified as a smo medication whilst an inpatient at Upon discharge Ptname was re attempt. Please update your records with	the XXXX Hospital. ferred to this Pharmacy for ongoing support with their quit a the following: (select the applicable response) Nicotine Replacement Therapy (NRT) to support their quit cessful 4 week quit attempt.



## **Appliance Use Reviews (AURs)**

#### **AURs**



- AURs aim to improve the patient's knowledge and use of any specified appliance\* by:
  - establishing the way the patient uses the appliance and the patient's experience of such use
  - identifying, discussing and assisting in the resolution of poor or ineffective use of the appliance by the patient
  - advising the patient on the safe and appropriate storage of the appliance
  - advising the patient on the safe and proper disposal of the appliances that are used or unwanted

\* Specified appliances are listed in Part IXC of the Drug Tariff

#### **AURs**



- Any information which the pharmacist or specialist nurse considers necessary for the prescriber to be aware of, must be forwarded to the patient's GP practice (if they are registered with one)
- Any information sent to a patient's GP practice must also be copied to any nurse who is practising with the GP and providing relevant primary medical services to the patient, if it is known that there is such a nurse



## **Stoma Appliance Customisation (SAC)**



- Involves the customisation of a quantity of more than one stoma appliance\*, based on the patient's measurements or a template
- The aim of the service is to ensure proper use and comfortable fitting of the stoma appliance and to improve the duration of usage, thereby reducing waste

\* Stoma appliances suitable for this service are listed in Part IXC of the Drug Tariff



## **Hepatitis C Testing Service**

#### **Hepatitis C Testing Service**



- The Community Pharmacy Hepatitis C Antibody Testing commenced in September 2020
- It is focused on provision of point of care testing for Hepatitis C antibodies to people who inject drugs, i.e. individuals who inject illicit drugs, e.g. steroids or heroin, but who haven't yet moved to the point of accepting treatment for their substance use
- Where people test positive for Hepatitis C antibodies, they will be referred for a confirmatory test and treatment, where appropriate



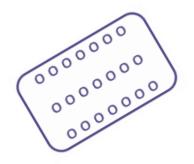
## **Pharmacy Contraception Service (PCS)**



#### PCS Tier 1

- From early 2023, a Pharmacy Contraception Service Tier 1 will be commissioned
- Initially the service will involve pharmacists providing review and ongoing supply of routine oral contraception that was initiated in general practice or a sexual health clinic
- The supplies will be authorised via a Patient Group Direction (PGD), with appropriate checks, such as the measurement of the patient's blood pressure and body mass index, being undertaken, where necessary





#### PCS Tier 2



- Subject to a positive evaluation of the ongoing pilot, from 4th October 2023, Tier 2 of the service will be introduced
- This will enable pharmacists to also initiate oral contraception, via a PGD, and provide ongoing clinical checks and annual reviews



# Questions, comments and

## next steps



#### **Further information**



- psnc.org.uk/nms
- psnc.org.uk/flu
- psnc.org.uk/cpcs
- psnc.org.uk/hypertension
- psnc.org.uk/scs

- psnc.org.uk/aur
- psnc.org.uk/sac
- psnc.org.uk/hep-c
- psnc.org.uk/pcs
- psnc.org.uk/workingwithgps

Questions or comments on this presentation can be addressed to the Services Team at PSNC: services.team@psnc.org.uk