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| **Patient details** Items marked with \* must be reported on MYS |
| Patient name:  |  | DOB: |  | Age\*: |  |
| Gender:  | [ ]  Not Known [ ]  Male [ ]  Female [ ]  Not Specified |
| Address: |  | Postcode: |  | Telephone number: |  |
| Ethnicity: |  |
| GP Practice: |  | NHS number: |  |
| **Clinic BP Check** | Consultation date: |  |  |
| Method of entry to service\*: | [ ]  GP referral [ ]  Identified/presented in phc | Patient consent obtained? | [ ]  Yes |
| Pharmacist / Pharmacy Technician name: |  | GPhC number: |  |
|  | Blood pressure reading (mmHg) | Arm |
| 1 | / | [ ]  Right[ ]  Left |
| 2 | / | [ ]  Right[ ]  Left |
| 3 | / | [ ]  Right[ ]  Left |
| 4 | / | [ ]  Right[ ]  Left |
| Clinic Blood Pressure Reading\*: |
|  / |
| Irregular pulse detected? | [ ]  Yes |
| **ABPM - fitting** | Consultation date\*: |  |  |
| Method of entry to service\*: | [ ]  Referred by GP [ ]  Identified following clinic check |
| Pharmacist/Pharmacy Technician name: |  | GPhC number: |  |
| Planned date of follow up appt: |  |
| Missed follow up appointments – contact attempts (date / time / method): |  |
| **ABPM - Follow up** | Consultation date: |  |  |
| Pharmacist / Pharmacy Technician name: |  | GPhC number: |  |
| Average Daytime ABPM Reading\*: |
| / |
| Additional notes (from all consultations): |  |
| **Outcome from clinic measurement and/or ABPM** |
| **Low BP (under 90/60mmHg)** |
| [ ]  Patient is asymptomatic[ ]  Patient is experiencing dizziness, nausea or fatigue - referral to GP (for follow up **within 3 weeks**)[ ]  Patient is experiencing dizziness, nausea or fatigue and believed to be at risk - referral to GP (**same day**)[ ]  Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to GP (**same day**)[ ]  Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to A&E (**same day**) |
| **Normal BP**  |
| [ ]  Clinic measurement (between 90/60mmHg and 139/89mmHg)[ ]  ABPM measurement (between 90/60mmHg and 134/84mmHg) |
| **High clinic BP or ABPM BP - Stage 1 Hypertension (between 135/85mmHg and 149/94mmHg** |
| [ ]  Clinic measurement and patient declined ABPM - referral to GP (follow up **within 3 weeks**)[ ]  Clinic measurement and patient has not returned ABPM device - referral to GP (follow up **within 3 weeks**)[ ]  ABPM measurement - referral to GP (follow up **within 3 weeks**) |
| **ABPM BP – Stage 2 Hypertension (between 150/95mmHg and 169/114mmHg)** |
| [ ]  ABPM measurement - referral to GP (follow up **within 7 days**) |
| **Very high Clinic BP or ABPM BP – Stage 2 Hypertension (170/115mmHg or higher)** |
| [ ]  Clinic measurement (180/120mmHg or higher) - referral to GP or other locally agreed urgent care (**same day**) [ ]  Clinic measurement (180/120mmHg or higher) - referral to A&E (**same day**)[ ]  ABPM measurement (170/115mmHg or higher) - referral to GP (**same day**) [ ]  ABPM measurement (170/115mmHg or higher with acute symptoms ) - referral to A&E (**same day**) |
| **Other** |
| [ ]  Irregular pulse - referral to GP (**same day**) |
| **Healthy living advice provided** |
| [ ]  Diet & nutrition[ ]  Sodium/salt[ ]  Caffeine | [ ]  Alcohol [ ]  Smoking[ ]  Referral to a local Healthy Living service Service name: | [ ]  Weight management[ ]  Physical activity |