

NHS Hypertension Case-Finding Service Consultation Form

Patient details		Items marked with * must be reported on MYS																			
Patient name:		DOB:																			
Gender:	<input type="checkbox"/> Not Known <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Not Specified																				
Address:		Postcode:	Telephone number:																		
Ethnicity:																					
GP Practice:		NHS number:																			
Clinic BP Check		Consultation date:																			
Method of entry to service*:	<input type="checkbox"/> GP referral <input type="checkbox"/> Identified/presented in phc	Patient consent obtained?	<input type="checkbox"/> Yes																		
Pharmacist / Pharmacy Technician name:		GPhC number:																			
<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; background-color: #4a7ebb; color: white; padding: 2px;">Take a BP reading in both arms</p> <div style="display: flex; justify-content: space-around; margin-top: 5px;"> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #c8e6c9;"> Both readings <140/90mmHg + NOT substantially different </div> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #fff9c4;"> Both readings ≥140/90mmHg + NOT substantially different </div> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #ffe0b2;"> One reading <140/90mmHg and the other reading ≥140/90mmHg or Both readings ≥140/90mmHg + substantially different </div> </div> <p style="font-size: small; margin-top: 5px;">Record the lower of the two measurements as the clinic blood pressure</p> <div style="display: flex; justify-content: space-between; margin-top: 5px;"> <div style="border: 1px solid black; padding: 5px; background-color: #4a7ebb; color: white; width: 30%;">Follow the service pathway</div> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #ffe0b2;"> Take a third reading on the arm with the highest BP </div> </div> <div style="display: flex; justify-content: space-around; margin-top: 5px;"> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #ffe0b2;"> If NOT substantially different from the first reading from that arm, use the lower of the two readings </div> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #ffe0b2;"> If substantially different from the first reading from that arm </div> </div> <div style="border: 1px solid black; padding: 5px; width: 30%; background-color: #ffe0b2; margin-top: 5px;"> Take another reading in that arm and use the lower of the last two readings </div> </div>		<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 5%;">Blood pressure reading (mmHg)</th> <th style="width: 15%;">Arm</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">/</td> </tr> <tr> <td style="text-align: center;">4</td> <td style="text-align: center;">/</td> </tr> <tr> <td colspan="2" style="text-align: center;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Clinic Blood Pressure Reading*:</td> <td style="text-align: center;">/</td> </tr> </table> </td> </tr> <tr> <td colspan="2" style="text-align: center;"> <table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Irregular pulse detected?</td> <td style="text-align: center;"><input type="checkbox"/> Yes</td> </tr> </table> </td> </tr> </tbody> </table>		Blood pressure reading (mmHg)	Arm	1	/	2	/	3	/	4	/	<table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Clinic Blood Pressure Reading*:</td> <td style="text-align: center;">/</td> </tr> </table>		Clinic Blood Pressure Reading*:	/	<table border="0" style="width: 100%;"> <tr> <td style="width: 15%;">Irregular pulse detected?</td> <td style="text-align: center;"><input type="checkbox"/> Yes</td> </tr> </table>		Irregular pulse detected?	<input type="checkbox"/> Yes
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ABPM - fitting		Consultation date*:																			
Method of entry to service*:	<input type="checkbox"/> Referred by GP <input type="checkbox"/> Identified following clinic check																				
Pharmacist/Pharmacy Technician name:		GPhC number:																			
Planned date of follow up appt:																					
Missed follow up appointments – contact attempts (date / time / method):																					
ABPM - Follow up		Consultation date:																			
Pharmacist / Pharmacy Technician name:		GPhC number:																			
Average Daytime ABPM Reading*:																					
/																					
Additional notes (from all consultations):																					

Outcome from clinic measurement and/or ABPM

Low BP (under 90/60mmHg)

- Patient is asymptomatic
- Patient is experiencing dizziness, nausea or fatigue - referral to GP (for follow up **within 3 weeks**)
- Patient is experiencing dizziness, nausea or fatigue and believed to be at risk - referral to GP (**same day**)
- Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to GP (**same day**)
- Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to A&E (**same day**)

Normal BP

- Clinic measurement (between 90/60mmHg and 139/89mmHg)
- ABPM measurement (between 90/60mmHg and 134/84mmHg)

High clinic BP or ABPM BP - Stage 1 Hypertension (between 135/85mmHg and 149/94mmHg)

- Clinic measurement and patient declined ABPM - referral to GP (follow up **within 3 weeks**)
- Clinic measurement and patient has not returned ABPM device - referral to GP (follow up **within 3 weeks**)
- ABPM measurement - referral to GP (follow up **within 3 weeks**)

ABPM BP – Stage 2 Hypertension (between 150/95mmHg and 169/114mmHg)

- ABPM measurement - referral to GP (follow up **within 7 days**)

Very high Clinic BP or ABPM BP – Stage 2 Hypertension (170/115mmHg or higher)

- Clinic measurement (180/120mmHg or higher) - referral to GP or other locally agreed urgent care (**same day**)
- Clinic measurement (180/120mmHg or higher) - referral to A&E (**same day**)
- ABPM measurement (170/115mmHg or higher) - referral to GP (**same day**)
- ABPM measurement (170/115mmHg or higher with acute symptoms) - referral to A&E (**same day**)

Other

- Irregular pulse - referral to GP (**same day**)

Healthy living advice provided

<input type="checkbox"/> Diet & nutrition	<input type="checkbox"/> Alcohol	<input type="checkbox"/> Weight management
<input type="checkbox"/> Sodium/salt	<input type="checkbox"/> Smoking	<input type="checkbox"/> Physical activity
<input type="checkbox"/> Caffeine	<input type="checkbox"/> Referral to a local Healthy Living service	
	Service name:	