## **NHS Hypertension Case-Finding Service Consultation Form**

Patient details											
Patient name:						DOB:		Age:			
Gender:	☐ Not Known ☐ Male				☐ Female ☐			] Not Spe	cified		
Address:				Ро	stcode:	Telephone number:					
Ethnicity:						•	•	•			
GP Practice:					NHS number:						
Clinic BP Check					Consultation date:						
Method of entry to service: GP referral Ide			entified	fied/presented in phc Patient consent obtained?				Yes			
Pharmacy staff name:				GPhC number (if applicable):							
Take a BP reading in both arms					Blood p	ood pressure reading (mmHg)			Arr	n	
Both readings  <140/90mmHg  Both readings  ≥140/90mmHg  One reading <140/90mmHg and the other reading ≥140/90mmHg					1	/		☐ Right ☐ Left			
+ NOT substantially different  Record the lower of the two measurements as the clinic		ntially or			2	/			☐ Right		
Follow the service	1				3	/			☐ Right		
If NOT substantially different from the first reading from that arm, use the lower of the					4		/		I	☐ Right	
		readin	different from the first reading from that arm	CI	Clinic Blood Pressure Reading:						
two readings  Take another reading in that arm and use the lower of the last two				/							
readings					Irregular pulse detected?			S			
ABPM - fitting					Consultation date:						
					ed following clinic check						
Pharmacy staff name:				GPhC number (if applicable):							
Planned date of follow up appt:											
Missed follow up appointments – contact attempts (date / time / method):											
ABPM - Follow up				Consultation date:							
Pharmacy staff name:				GPhC number (if applicable):							
Average Daytime ABPM Reading:											
Additional notes (from all consultations):											

Outcome from clinic measurement and/or ABPM							
Low BP (under 90/60mmHg)							
Patient is asymptomatic Patient is experiencing dizziness, nausea or fatigue - referral to GP (for follow up within 3 weeks) Patient is experiencing dizziness, nausea or fatigue and believed to be at risk - referral to GP (same day) Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to GP (same day) Patient is experiencing regular fainting or falls, or feel like they may faint on a daily/near daily basis - referral to A&E (same day)							
Normal BP							
☐ Clinic measurement (between 90/60mmHg and 139/89mmHg) ☐ ABPM measurement (between 90/60mmHg and 134/84mmHg)							
High clinic BP or ABPM BP - Stage 1 Hypertension (between 135/85mmHg and 149/94mmHg							
☐ Clinic measurement and patient declined ABPM - referral to GP (follow up within 3 weeks) ☐ Clinic measurement and patient has not returned ABPM device - referral to GP (follow up within 3 weeks) ☐ ABPM measurement - referral to GP (follow up within 3 weeks)							
ABPM BP – Stage 2 Hypertension (between 150/95mmHg and 169/114mmHg)							
☐ ABPM measurement - referral to GP (follow up within 7 days)							
Very high Clinic BP or ABPM BP – Stage 2 Hypertension (170/115mmHg or higher)							
☐ Clinic measurement (180/120mmHg or higher) - referral to GP or other locally agreed urgent care (same day) ☐ Clinic measurement (180/120mmHg or higher) - referral to A&E (same day) ☐ ABPM measurement (170/115mmHg or higher) - referral to GP (same day) ☐ ABPM measurement (170/115mmHg or higher with acute symptoms) - referral to A&E (same day)							
Other							
☐ Irregular pulse - referral to GP (same day)							
Healthy living advice provided							
☐ Diet & nutrition ☐ Sodium/salt ☐ Caffeine	☐ Alcohol ☐ Smoking ☐ Referral to a local Healthy Living service Service name:	☐ Weight management ☐ Physical activity					