

Pharmacy First: Online information sources for patients (updated October 2025)

When pharmacists are providing a consultation for one of the seven Pharmacy First clinical pathways, there are several leaflets/websites for patients to be pointed to which are listed in the Patient Group Directions (PGDs) and treatment protocol.

This resource lists all the patient-facing leaflets/website links listed in the updated PGDs and treatment protocol, excluding the marketing authorisation holder's patient information leaflets (hard copies will be available within the medicine's packaging, with copies also being available from [medicines.org.uk/emc](https://www.medicines.org.uk/emc)).

Hyperlinks to the leaflets/websites are listed below, alongside QR codes for each leaflet/website so patients can scan this to access the resource/website link on their mobile phones.

Urinary tract infection (UTI)

Resource to be provided/website to signpost to if the patient is suspected of having a UTI (whether a supply of a medicine is made or not)

[TARGET Treating Your Infection Urinary Tract Infection patient information leaflet](#)

This is also available in other languages.



[Information on the NHS website on urinary tract infections](#)



Additional resource to be utilised/website page to signpost to if a medicine is supplied

[TARGET antibiotic checklist](#)

This is also available in other languages.



[Information on the NHS website on sepsis](#)





Shingles (herpes zoster) infection

Resource to be provided/website to signpost to if the patient is suspected of having shingles (whether a supply of a medicine is made or not)

[British Association of Dermatologists \(BAD\) patient information leaflet on shingles \(herpes zoster\)](#)



[Information on the NHS website on the shingles vaccine](#)



[Information on the NHS website on shingles](#)



Additional website page to signpost to if a medicine is supplied

[Information on the NHS website on sepsis](#)



Other patient-facing resources referenced in the PGD

The PGD does not state that patients should be provided with links to these websites but they are referenced in the PGD and you may decide it would be helpful to also signpost the patient to these

[Shingles Support Society Frequently Asked Questions about shingles](#)



[Shingles Support Society Frequently Asked Questions about postherpetic neuralgia](#)



Impetigo (localised non-bullous)

Resource to be provided/website to signpost to if the patient is suspected of having impetigo (whether a supply of a medicine is made or not)

[British Association of Dermatologists \(BAD\) patient information leaflet on impetigo](#)



[Information on the NHS website on impetigo](#)



Additional resource to be utilised/website page to signpost to if a medicine is supplied

If hydrogen peroxide 1% (10mg/1g) cream e.g. Crystacide 1% cream is supplied:

There is a patient information leaflet provided by [PrescQIPP](#). Registration is required to access this leaflet so while you can print this leaflet for the patient, this is not suitable for use with a QR code.

If an antibiotic is supplied:

[TARGET antibiotic checklist](#)

This is also available in other languages.



If a medicine is supplied for a child:

[Medicines for Children – How to give different types of medicines](#)





[Information on the NHS website on sepsis](#)



Infected insect bites

Resource to be provided/website to signpost to if the patient is suspected of having an infected insect bite (whether a supply of a medicine is made or not)

[TARGET self-care leaflet](#)

This is also available in other languages.



[Information on the NHS website on insect bites and stings](#)



Where appropriate, the following information should also be provided

[UK Health Security Agency leaflet on tick awareness](#)



[Anaphylaxis UK insect sting allergy leaflet](#)





Additional resource to be utilised/website page to signpost to if a medicine is supplied

TARGET antibiotic checklist

This is also available in other languages.



If a medicine is supplied for a child:

Medicines for Children – How to give different types of medicines



Information on the NHS website on sepsis



Acute sore throat due to suspected streptococcal infection

Resource to be provided/website to signpost to if the patient is suspected of having an acute sore throat (whether a supply of a medicine is made or not)

[TARGET RTI leaflet](#)

This is also available in other languages.



[Information on the NHS website on sore throat](#)



Additional website to signpost to if a child is excluded from the PGD

[Healthier together guidance \(tonsillitis/sore throat\)](#)



Additional resource to be utilised/website page to signpost to if a medicine is supplied

[TARGET antibiotic checklist](#)

This is also available in other languages.





If a medicine is supplied for a child:

[Medicines for Children – How to give different types of medicines](#)



[Information on the NHS website on sepsis](#)



Acute sinusitis

Resource to be provided/website to signpost to if the patient is suspected of having acute sinusitis (whether a supply of a medicine is made or not)

[TARGET RTI leaflet](#)

This is also available in other languages.



[Information on the NHS website on sinusitis \(sinus infection\)](#)



Additional website to signpost to if a child is excluded from the PGD

[Healthier Together Rhinosinusitis/persistent runny nose guidance](#)







Additional resource to be utilised/website page to signpost to if a medicine is supplied

If a nasal spray is supplied (see link below for children):

[How to apply a nasal spray](#)





<p>If an antibiotic is supplied:</p> <p><u>TARGET antibiotic checklist</u></p> <p>This is also available in other languages.</p>	
<p>If a medicine is supplied for a child:</p> <p><u>Medicines for Children – How to give different types of medicines</u></p>	
<p><u>Information on the NHS website on sepsis</u></p>	
<p><u>Information on the NHS website on meningitis</u></p>	

Acute otitis media

Resource to be provided/website to signpost to if the patient is suspected of having acute otitis media (whether a supply of a medicine is made or not)

TARGET RTI leaflet

This is also available in other languages.



Information on the NHS website on ear infections



Additional resource to be provided if a child is excluded from the PGD

For children:

Healthier Together otitis media (earache) guidance



Additional resource to be utilised/website page to signpost to if a medicine is supplied

If an antibiotic is supplied:

TARGET antibiotic checklist

This is also available in other languages.





If a medicine is supplied for a child:

[Medicines for Children – How to give different types of medicines](#)



[Information on the NHS website on sepsis](#)

