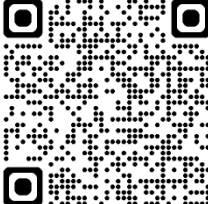
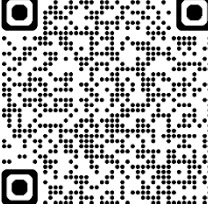


Hypertension Case-Finding Service: Online information sources for patients for use during or after consultations

Hyperlinks to the webpages are listed below, alongside QR codes for each webpage.

NHS website – High blood pressure https://www.nhs.uk/conditions/high-blood-pressure/	
NHS Better Health website https://www.nhs.uk/better-health/ Includes links to information on losing weight, quitting smoking, getting active and drinking less alcohol	
British Heart Foundation – High blood pressure – causes and symptoms https://www.bhf.org.uk/information-support/risk-factors/high-blood-pressure	
British Heart Foundation – Understanding high blood pressure https://www.bhf.org.uk/information-support/publications/risk-factors/understanding-high-blood-pressure	

British Heart Foundation – Understanding your heart health https://www.bhf.org.uk/information-support/publications/healthy-eating-and-drinking/understanding-your-heart-health	
Blood Pressure UK – Introducing high blood pressure https://www.bloodpressureuk.org/media/bpuk/docs/IntroducingHighBP_Web-(4).pdf	
Blood Pressure UK – Introducing high blood pressure (in 32 languages) https://www.bloodpressureuk.org/resources/publications/translated-blood-pressure-information/	
Blood Pressure UK – Healthy eating https://www.bloodpressureuk.org/your-blood-pressure/how-to-lower-your-blood-pressure/healthy-eating/	
Blood Pressure UK – Healthy lifestyle and blood pressure https://www.bloodpressureuk.org/media/bpuk/docs/HealthyLifestyle_web.pdf	