

Who is eligible for the NHS Hypertension Case-Finding Service?

Clinic check:

Pharmacy recruitment / GP or other healthcare setting referral or signposted
✓ Age 40+ years*
✓ No history of hypertension
✓ No BP check in the last 5 years (the '5-year rule')

The service cannot support:

- ✗ Daily clinic check monitoring
- ✗ Clinic check or ABPM for people with known atrial fibrillation or irregular heartbeat

Ambulatory blood pressure monitoring (ABPM):

Pharmacy recruitment	GP or other healthcare setting – referral or signposted
✓ Age 40+ years	✓ Age 40+ years
✓ Clinic BP reading of $\geq 140/90$ mmHg	✓ Initial clinic check at another healthcare setting & signposted or referred for ABPM
	✓ Patients who already have hypertension are eligible
	✓ The 5-year rule does not apply



* There are some age exceptions that can apply to people recruited in the pharmacy for a clinic check. The supervising pharmacist or pharmacy technician should refer to the [service specification](#) for the details of these exceptions and their clinical justification for exceptional provision of the service must be recorded in the clinical record.